EPHESIANS

Eph. 1:1 Paul, an apostle of Christ Jesus by the sovereign will of God [the Father], to the saints [Christians only] who are in Ephesus [circular letter], especially to the faithful in Christ Jesus:

Eph. 1:2 Grace to you and peace from God the Father and our Lord Jesus Christ.

Eph. 1:3 Blessed is the God and Father of our Lord Jesus Christ, Who has blessed us [in eternity past] with every spiritual [as opposed to material] blessing in heavenly places in Christ,

Eph. 1:4 Since He Himself chose [elected] us in Him [Jesus Christ] before the foundation of the world [before creation], so that we might become holy [experiential sanctification] and blameless [ultimate sanctification] in His presence,

Eph. 1:5 Having predestined us in the sphere of love unto the adoption of sons [heirs] by Jesus Christ unto Himself [the Father], according to the good pleasure of His [the Father’s] sovereign will,

Eph. 1:6 To the praise of the glory of His [the Father’s] grace, by which [sovereign grace] He has made us an object of favor [greatly blessed] in the One [Jesus Christ] Who is beloved,

Eph. 1:7 In Whom [Jesus Christ] we possess redemption through His blood [representative analogy for His spiritual death on the cross], with regard to the cancellation [remission] of sins, according to the riches of His [the Father’s] grace,

Eph. 1:8 From which [grace] He [the Father] made us super-rich [abounding and overflowing] in all categories of wisdom [spiritual insight] and rightmindedness [establishment principles],

Eph. 1:9 When He [the Father] made known to us the mystery of His will [His plan for Christians during the Church Age], according to His good pleasure which He purposed in Him [Jesus Christ],

Eph. 1:10 So that in the dispensation of the Fullness of Times [the Perfect Age], He [the Father] might complete the total of all things in Christ [ultimate resurrection of the saints], in the heavens [angelic conflict] and on the earth [historical trends],

Eph. 1:11 In Him [Jesus Christ] in Whom we also received an inheritance [part temporal, part eternal], having been predestined according to a predetermined plan [both positional & experiential truth], by Him [the Father] Who continues to work all things in conformity with the purpose of His [the Father’s] will,

Eph. 1:12 So that we [apostles] who first trusted in Christ, might be to the praise of His glory,

Eph. 1:13 In Whom [Jesus Christ] you also [along with the apostles] trusted, after you heard the message of truth, the gospel of your salvation, in Whom [Jesus Christ] also when you believed, you were sealed [baptized] by means of the Spirit, with reference to the promise of holiness [both positional and experiential],
Eph. 1:14 Who [the Holy Spirit] is the deposit [pledge] of our inheritance, with reference to the release [redemption] of spiritual assets [invisible tools], for the praise of His glory.

Eph. 1:15 For this reason I [Paul], when I heard about your commitment in the Lord Jesus and your virtue love toward all the saints,

Eph. 1:16 Have not stopped giving thanks on your behalf, repeatedly making mention of you [briefly but frequently] during my prayers,

Eph. 1:17 So that the God of our Lord Jesus Christ, the Father of the Glory [Jesus Christ as the Shekinah Glory], might give to you a spiritual life characterized by wisdom and the revelation [complete understanding] of Him by means of full knowledge,

Eph. 1:18 And the eyes of your mentality [spiritual perception in the soul] being continually enlightened [by doctrine in the soul], so that you might continually know what is the expectation of His calling [fellowship with the Trinity], what are the riches [spiritual assets] of the glory of His [Jesus Christ’s] inheritance for the saints [joint-heirs with Christ],

Eph. 1:19 And what is the surpassing greatness of His [the Father’s] omnipotent power toward us [believers with momentum] who continue to have confidence in accordance with His [the Holy Spirit’s] operational power [filling of the Spirit] by means of His [the Son’s] ruling [ultimate authority], inner power [Bible doctrine in the soul - the execution of God’s plan],

Eph. 1:20 Which [inner power] He [the Father] put into operation [through the filling of the Spirit] in the sphere of Christ, before He raised Him from the dead [resurrection] and seated Him at His [the Father’s] right hand [highest place of authority] in heavenly places [session],

Eph. 1:21 Far above every demonic principality and governmental authority [officials] and military force and angelic dominion [rule] and every title which can be named [organization chart], not only in this age [Church Age dispensation], but also in the one which is to come [the millennium].

Eph. 1:22 Furthermore, He [the Father] subordinated all categories [of elect and fallen angels] under His [Jesus Christ’s] feet [strategic victory at the resurrection], and appointed Him [glorified Christ] Head over everything pertaining to the church,

Eph. 1:23 Which [church] is His body [by means of the baptism of the Holy Spirit], the fullness of Him [Jesus Christ as our escrow officer] Who continues to fill to the point of overflowing [convey escrow blessings] each member [those believers who fulfill the qualifications in verse 19] with the all things [rewards and decorations].

Eph. 2:1 And you [as Gentile believers], (being dead [spiritually] in your transgressions and sins,

Eph. 2:2 In which [state of sin] you formerly walked [conducted your behavior] according to the viewpoint of this cosmic system [moral & immoral degeneracy], according to the ruler [Satan] of the domain of the lower atmosphere [demonic realm], the spirit [demonic influence] which is now operating in the sons [seed of the serpent] of disobedience [Gentile unbelievers],
Eph. 2:3 Among whom [Gentile unbelievers] we also [as Jewish unbelievers] formerly allowed our behavior to be controlled [as a manner of lifestyle] by the lusts of the flesh [moral degeneracy], when we continually engaged in the desires [will] and mental attitudes [thoughts] of the flesh [sin nature]. In fact, like the rest [Gentile believers], we ourselves [as Jewish believers] were by natural disposition the children of wrath.

Eph. 2:4 But God [the Father] Who is rich in mercy, because of His great love with which He loved us,

Eph. 2:5 Even when we were [spiritually] dead in transgressions, made us alive [regeneration] together with Christ), you were by grace saved in the past with the result that you will keep on being saved in the future,

Eph. 2:6 And He [the Father] raised [resurrected] us together with Him [Jesus Christ] and caused us to sit together with Him in heavenly places in Christ Jesus,

Eph. 2:7 So that in the ages which are to come [Millennial and Perfect], He [God the Father] might exhibit the riches [escrow blessings] which surpass [super-abound] His grace in generosity toward us [mature believers] by means of Christ Jesus,

Eph. 2:8 For you were saved by grace [means] in the past through faith [agency] with the result that you will keep on being saved in the future, and this [salvation by grace through faith] is not out from yourselves [your will doesn’t call grace or faith into being], rather it is a gift from God [source],

Eph. 2:9 Not through works [self-effort or self-will], so that no one might boast.

Eph. 2:10 For we are His [the Father’s] workmanship, created in Christ Jesus [positional truth by means of divine sovereignty] for good works [the use of our spiritual assets] which God planned in advance so that we might walk by them [functioning inside the sphere of love and power].

Eph. 2:11 Therefore, remember that you were once Gentiles in the flesh [racial inferiority and prejudice], who were called a foreskin [racial slur] by those [Jews] who called themselves the circumcision by means of human hands [ritual circumcision].

Eph. 2:12 Also remember that at that time [during your pre-salvation experience] you were separated from Christ, being excluded from the citizenship of Israel, even aliens to the covenants of promise [given to Israel only and have no relation to the Church], having no hope [confidence in the future] and without God [atheists] in the cosmic system.

Eph. 2:13 But now [in the Church Age] you [Gentiles] are in Christ Jesus [by the baptism of the Holy Spirit]. You who were once far away [during the dispensation of Israel] have become near [salvation for the Gentiles] by the blood of Christ [representative analogy for His spiritual death on the cross].

Eph. 2:14 For He Himself [Jesus Christ] is our peace [battle between man and God is broken], Who caused both [Jew & Gentile] to become one [on equal footing] and Who has removed the dividing wall of the barrier [racial partition], by abolishing the enmity [dissolving Adam’s imputed sin] through His flesh [the humanity of Christ in hypostatic union],
Eph. 2:15 (Including the ceremonial law composed of mandatory rituals in the sphere of legal ordinances), in order that He [Jesus Christ] might create in Himself the two [Jew & Gentile] into one new man [a new spiritual species], since He has made peace [reconciliation];

Eph. 2:16 Also, as a result He reconciled them both [Jew & Gentile] to God in one body [the Church] by means of the cross, having put to death the enmity in Himself.

Eph. 2:17 And when He came [1st advent], He proclaimed the gospel of peace [reconciliation] to you [Gentiles] who were far away [from God] and peace to you [Jews] who were near [to God],

Eph. 2:18 For through Him [Jesus Christ] we both [Jew & Gentile] have access [potential fellowship] face-to-face with the Father by means of one Spirit.

Eph. 2:19 Now therefore, you [Gentile believers] are no longer foreigners [living outside Israel] or aliens [living inside Israel], but you are fellow citizens with the saints [separated to God], i.e., the household [royal family] of God,

Eph. 2:20 Having been constructed upon the foundation [of Bible doctrine] by means of the apostles [Christians] and prophets [Jews], there being a cornerstone [holding the two walls of Jews and Gentiles together], Jesus Christ Himself,

Eph. 2:21 In Whom [Jesus Christ] the entire building [the universal Church], while being fitted together, keeps growing into a holy sanctuary [our resurrection bodies] in the Lord [the church as a building in time and a temple in eternity],

Eph. 2:22 In Whom [Jesus Christ] you also are being constructed together into a dwelling place [royal palace] for God by means of the Spirit.

Eph. 3:1 For this reason, I Paul, the prisoner of Christ Jesus, on behalf of you Gentiles [Peter was given the ministry to the Jews, while Paul was given the ministry to the Gentiles],

Eph. 3:2 In as much as you have heard about the dispensation of the grace of God [Church Age ministry to the Gentiles] which was given to me for your benefit,

Eph. 3:3 That through revelation the mystery [of the Church Age dispensation] was made known to me, just as I have previously written briefly [basic introduction],

Eph. 3:4 Which as a result of repeated public readings [non face-to-face tradition], you ought to be able to comprehend [academically] my insightful understanding [thorough explanation] with reference to the mystery of Christ [baptism of the Spirit and formation of the Church],

Eph. 3:5 Which in other generations [prior to the Church Age] was not made known to the sons of men [hidden from the OT saints], just as it is now revealed to His holy apostles and prophets [temporary gifts] by means of the Spirit,

Eph. 3:6 That the Gentiles [for the 1st time in history] are fellow-heirs [with the Jews] and fellow-members of the same body [by the baptism of the Holy Spirit] and sharers together of the promise [not
the covenants, but spiritual assets for the Church Age believer] in Christ Jesus [positional truth] through the gospel,

Eph. 3:7 Through which [gospel] I have become a servant on the basis of a gift from the grace of God which was given to me according to the working of His power.

Eph. 3:8 To me [as a beneficiary], the very least of all the saints [genuine humility], this grace [authoritative gift] was given, to communicate to the Gentiles the unfathomable wealth of Christ [spiritual assets, blessings and rewards],

Eph. 3:9 And to illuminate [make understandable] to all [believers] what is the mystery [of the Church Age] which has been hidden from the ages [the theocentric dispensations] in the God [Jesus Christ] Who created all things,

Eph. 3:10 In order that at the present time [Church Age] the many-sided wisdom of God might be made known to the rulers [demon generals] and powers [demon officers] in heavenly places [during Satan's trial], through the agency of the Church [as witnesses for the prosecution],

Eph. 3:11 According to the plan of the ages [dispensations], which He [the Father] accomplished in Christ Jesus our Lord [one eternal purpose runs through all the dispensations],

Eph. 3:12 By Whom [Jesus Christ] we [pastors, teachers and evangelists] have at our disposal fearlessness in public, i.e., an approach [freedom or right to access] with confidence [knowing we are prepared] through His doctrine.

Eph. 3:13 Therefore, I demand: Stop being discouraged [lack of inner strength] because of my sufferings on your behalf [outside pressures], which are for your glory.

Eph. 3:14 For this reason, I kneel [in prayer] before the Father,

Eph. 3:15 From Whom [the Father] the entire family in the heavens [principalities, powers, might, dominions, thrones, angels and archangels] and on the earth [Israel and the Church] receives its title,

Eph. 3:16 So that He [God the Father] might grant to you [Church Age believers] according to the riches [spiritual assets] of His [Jesus Christ’s] glory, the ability to become strong [advance to spiritual maturity] by means of the power of His Spirit in the inner man,

Eph. 3:17 So that Christ may be at home in the mentality of your soul [spiritual adulthood] by means of doctrine, after you have been firmly rooted and grounded [well established] in the sphere of virtue love [spiritual adolescence],

Eph. 3:18 So that you may utilize the power [filling of the Spirit] to grasp with all the saints, what is the width [moving toward the objective on a broad front with spiritual assets] and length [distance between spiritual childhood and adulthood] and height [taking the high ground of supergrace] and depth [the miraculous transformation of your soul by the inner-working of the Spirit and Bible doctrine],
Eph. 3:19 And to come to know [doctrinal saturation] the love for Christ [in spiritual adolescence] which goes beyond academic knowledge, so that [by continuing daily Bible study] you may be filled to the point of overflowing with all the fullness of God [blessings from the supergrace life in spiritual maturity].

Eph. 3:20 Now to Him [God the Father] Who is able [has the omnipotent power] to do infinitely more than all we could ask [in prayer] or imagine [blessings beyond our comprehension], on the basis of the power which works in us [omnipotence of the Trinity],

Eph. 3:21 To Him [God the Father] be the glory by means of the church [tactical victory by those believers who reach spiritual maturity] and by Christ Jesus [strategic victory during the dispensation of the Hypostatic Union] with reference to all generations, i.e., the Age of the Ages [combining the Millennial and Perfect Ages into one]. Acknowledge it.

Eph. 4:1 I, therefore, a prisoner for the Lord, urge you to start walking [conduct yourselves] in a manner worthy of the station in life [profession] to which you were called [live the spiritual life in your job],

Eph. 4:2 With all humility [genuine] and true sensitivity [thoughtfulness], with perseverance [grace oriented patience], making it a practice to tolerate one another of the same kind [fellow believers] by means of virtue love,

Eph. 4:3 Being constantly diligent [properly motivated] to guard the unity of the Spirit [harmony with other Christians] by means of the bond [baptism of the Spirit] of peace [reconciliation].

Eph. 4:4 There is one body [worldwide network of the saved] and one Spirit, just as you also have been called [efficacious grace] into the sphere of one hope [absolute confidence] with reference to your calling [divine election],

Eph. 4:5 One Lord [Jesus Christ], one doctrinal foundation [content of our faith], one placing into [sealing ministry of the Holy Spirit],

Eph. 4:6 One God, even the Father of all [believers], Who is over all [sovereignty] and for the benefit of all [logistical grace support] and in all [all believers are indwelled by the Father].

Eph. 4:7 Moreover, to each one of us [as beneficiaries] this grace has been given according to the measure of the gift from Christ [sovereignly disposed by Christ through the Holy Spirit].

Eph. 4:8 Therefore it says [in Psalm 68:18]: When He [Jesus Christ] ascended into [the third] heaven, He led away as prisoners [in His triumphal procession through the air] those who were in a state of captivity [OT saints in Hades]; He gave [spiritual] gifts to men [distribution of spoils from the Lord’s victory].

Eph. 4:9 (Now this doctrine that He ascended, what does it imply, except that He first descended into the lower regions of the earth [Sheol]?)

Eph. 4:10 He [Jesus Christ] Who descended [into Sheol] is the same Person Who also ascended higher than all the heavens [now sitting in session at the right hand of the Father], so that He might bring to completion the all things [the combination of Israel and the Church as the royal family of God]).
Eph. 4:11 Then He Himself [the glorified Christ] gave some [masculine gender: men only] to be, on the one hand, apostles [started the foundation of the church], on the other hand, some prophets [taught the church until the canon was completed], and some evangelists [special gift of itinerant gospel preaching], and some pastors [emphasis on authority] and/or teachers [emphasis on verse-by-verse exposition],

Eph. 4:12 For the purpose of equipping [training] the saints [priesthood of the believer] for the accomplishment of service [ambassadorship of the believer], for the edification [construction] of the Body of Christ [both positional and experiential truth],

Eph. 4:13 Until we all obtain the objective [the pinnacle of supergrace] according to the system of doctrine [unity of the faith] and by means of the full knowledge of the Son of God [occupation with Christ], resulting in a mature believer [spiritually full-grown], unto the measure of the stature of the fullness of Christ [the standard set by Jesus Christ during the dispensation of the Hypostatic Union],

Eph. 4:14 So that we might no longer be immature [fragmented spiritual morons], tossed about by waves in a rough sea [destabilized] and driven out of control [going around in circles] by every wind of doctrine [Satan’s false teaching] by the trickery of people [cosmic evangelists] by cunning deception [misrepresentation of Scripture] for the purpose of scheming [organized circumvention] deceit [cheated out of the benefits of the spiritual life by error and delusion],

Eph. 4:15 But by continually teaching doctrine in the sphere of virtue love [inside the love complex], we [pastors] may cause them [the congregation] to grow up [by executing the plan of God] with reference to the all things [spiritual assets], with reference to Him who is the federal Head [emphasizing authority and rulership], Christ,

Eph. 4:16 From Whom [Jesus Christ] the entire body [the Church], being joined together [positional sanctification] and being continually instructed by every supporting ligament [pastors and teachers] on the basis of the operational power [filling of the Spirit] according to the measure of one for each part [one pastor per congregation: no such thing as a plurality of elders], he himself [the pastor] augmenting the [spiritual] growth of the body [the Church], resulting in its edification [doctrinal complex in the soul] in the sphere of virtue love.

Eph. 4:17 Accordingly, I must by necessity bring a charge, even testifying to this in the Lord: From now on, you [reversionistic believers] stop walking [post-salvation modus operandi] as Gentiles [unbelievers] walk [pre-salvation modus operandi], in the vacuum [emptiness, futility] of their mind,

Eph. 4:18 Having received a darkened [obscured] understanding [degenerate reasoning process], and having become alienated from the life of God [due to continued spiritual fragmentation], because of the ignorance [of doctrine] which is in them [blackout of the soul], because of the hardening [scar tissue] of the mentality of their souls [spiritual blindness],

Eph. 4:19 Who because they have become calloused [scar tissue of the soul], have given themselves over [betrayed by their own decisions] to licentiousness [immoral degeneracy], resulting in the practice of every kind of immorality [reverse-process reversionism] with insatiable lust [frantic search for happiness].
Eph. 4:20 But you [growing believers] have not learned Christ in this manner [you were taught to live the Christian way of life, not Satan’s degenerate way of life];

Eph. 4:21 Indeed, if you have heard Him [Jesus Christ], and have been taught in Him [by a pastor or teacher], since the truth [doctrine] is in Jesus [the mind of Christ],

Eph. 4:22 With reference to your former lifestyle [post-salvation sinning in degeneracy], you yourselves lay aside [by the confession of sin] the old man [sin nature], you who are becoming spiritually corrupt on the basis of self-deceptive lusts [power, sex, money, criminality, drugs].

Eph. 4:23 Then, keep on becoming renewed [rehabilitated] by means of the Spirit by your thinking [epistemology, mental saturation and application of Bible doctrine],

Eph. 4:24 And put on the new man [by building a doctrinal complex in your soul], which according to God was created through righteousness and integrity from the source of doctrine.

Eph. 4:25 Therefore, having laid aside the lie [human viewpoint thinking], each one of you continually speak the truth [divine viewpoint thinking] with his fellow believer, since we are members of the same kind [royal family of God].

Eph. 4:26 Although you occasionally become angry, nevertheless [in spite of your mental attitude sin], stop sinning [don’t escalate into retaliation]; the sun must never set on your angry mood [because evil energy is stored for the following day];

Eph. 4:27 Stop giving opportunity to the devil [by piling sin upon sin, you allow Satan to control your life].

Eph. 4:28 He who has been stealing, stop stealing [pattern of criminality], but rather start working hard [reversion recovery], continually working with your own hands, doing the right [honorable] thing, so that he may have resources [food, clothing, shelter] to share from time-to-time with the one who has a need [grace giving].

Eph. 4:29 Do not allow any false doctrine to proceed from your mouth [a challenge to pastors and teachers], but whatever is good of intrinsic value [true Bible doctrine] for the purpose of edification [spiritual advancement] where it is necessary, in order that it may give [an opportunity of] a grace benefit to those who hear.

Eph. 4:30 Furthermore, stop grieving the Holy Spirit [by living in the arrogance complex of sins] of God [deity of the 3rd Person of the Trinity] by Whom [Holy Spirit] you have been sealed to the day of redemption [ultimate sanctification, when we receive our resurrection body at the rapture].

Eph. 4:31 Every kind of bitterness, including anger [including tantrums and rage] and wrath [cruelty and revenge tactics], as well as quarrelling and slander, must be removed from you [by confession of sin and epistemological rehabilitation], along with all categories of malice [manifestation of evil by a fragmented believer].

Eph. 4:32 Instead, become kind [grace orientation and virtue love] toward one another of the same kind [fellow believers], compassionate, making it a practice to forgive each other [mutual removal of
resentment and bitterness] just as God [the Father] also by means of Christ [redemptive work on the cross] has forgiven us.

Eph. 5:1 Therefore, become imitators of God [Jesus Christ as our role model], as beloved students [children],

Eph. 5:2 And keep on walking [ordering your behavior] in the sphere of virtue love, just as Christ also loved you [all believers] and delivered Himself over [at the cross] as a substitute for us [the elect], an offering and a sacrifice to God [propitiation], resulting in a fragrant aroma [doctrine of satisfaction: effective work on the cross, i.e., definite atonement].

Eph. 5:3 Furthermore, fornication [normal sex between a man and a woman] and every type of impurity [abnormal sex: homosexuality] or insatiable lust [criminal sex] should not be mentioned among you [it might encourage immoral degeneracy] insofar as it is fitting and proper for the saints;

Eph. 5:4 Neither obscene language nor suggestive talk [sexual teasing] nor coarse conversation [sexual jokes] which is not conducive to the spiritual life, but rather thanksgiving [towards God].

Eph. 5:5 For you know this [by way of application], assuming you paid attention [to my previous teaching], that every fornicator [male variety], whether impure [abnormal: homosexuality] or insatiable [bestial or criminal], which is a form of idolatry [unlawful vice], will not obtain a share [reward inheritance] in the royal power of Christ, even God [deity of Christ].

Eph. 5:6 Let no one deceive you with empty [deceitful] words [false teaching], for because of these things [sexual sins and the false teachings that defend them], divine discipline from God will come upon the sons of disobedience [sexual reversionists].

Eph. 5:7 Therefore, stop being joint-participants with them [in sexual immorality],

Eph. 5:8 For you were once in the status of darkness [spiritual death], but now you are in the status of light in the Lord [regeneration]. Start walking as children of light [experiential sanctification: executing God’s plan],

Eph. 5:9 (For the production [fruit] of the light [divine good] is in the sphere of all intrinsic goodness [Christian virtue and integrity directed towards others] and righteousness [directed towards oneself by adhering to the plan of God] and absolute truth [Bible doctrine]),

Eph. 5:10 Constantly discovering,, examining, approving and applying what is pleasing to the Lord [anything done in the filling of the Spirit];

Eph. 5:11 Also stop habitually participating in the useless deeds of darkness [moral & immoral degeneracy], but instead even expose it [point out the negative results of degeneracy to others],

Eph. 5:12 For it is disgraceful to even speak about the things [degenerate activities] which are continually being done by them [reversionistic believers in Ephesus] in secret.

Eph. 5:13 However, all things [moral and immoral degenerate behavior] when they are exposed by the light [divine standards] will be made manifest [revealed privately or publicly].
Eph. 5:14 For while each thing [every act of degeneracy] is being exposed, the light [Scripture] is always present, saying over-and-over again: Wake up [confession of sin], you who are sleeping [believer indifferent to sin], and rise out from the realm of dead things [spiritual death], and then Christ will shine upon you [through the Word of God in your soul].

Eph. 5:15 Therefore, understand how accurately you must continually walk [live the Christian way of life], not as fools [without doctrine: wrong priorities], but as wise believers [positive towards doctrine: correct priorities],

Eph. 5:16 Constantly redeeming time [logging hours inside the sphere of God’s power], because the days [allotted to each believer] are evil [opposed to the divine plan].

Eph. 5:17 Because of this, stop becoming foolish [ignorant due to neglecting Bible study]; instead, keep on gaining insight into what the will [purpose, plan] of the Lord is.

Eph. 5:18 Also stop making a habit of becoming intoxicated with wine [any substance that can destroy your life by addiction], by which is dissipation [drunken lifestyle], but be continually filled by the Spirit.

Eph. 5:19 Make it a practice to speak to each other by means of psalms and hymns and spiritual songs, singing and playing musical instruments with your mind [doctrine and music combined] to the Lord.

Eph. 5:20 Always thanking God, even the Father, for all things [suffering and blessing], through the person of our Lord Jesus Christ.

Eph. 5:21 Be under legitimate authority [to those with jurisdiction, i.e., your pastor] with others of the same kind [fellow Christians, i.e., in your congregation] because of respect for Christ.

Eph. 5:22 Wives, render obedience to your own husbands, as unto the Lord [dual authority: husband and Jesus Christ].

Eph. 5:23 Because the husband is the head [legitimate authority] of the wife, as Christ also is the [federal] Head of the Church, He Himself being the Saviour of the Body [the Church].

Eph. 5:24 Certainly, just as the church is under subjection to Christ, so also you wives are under subjection to your husbands in everything.

Eph. 5:25 Husbands, love your wives, just as Christ also loved the Church and gave Himself as a substitute for her,

Eph. 5:26 So that, having purified her [positional sanctification from the baptism of the Holy Spirit], He might sanctify her [the Church] by means of the washing [confession of sin] of the water [filling of the Spirit] with the Word [Bible doctrine],

Eph. 5:27 So that He [Jesus Christ] might present to Himself [anticipates the wedding feast of the Lamb after the rapture] a splendid Church, having no stain [resurrection body without sin] or wrinkle [human good as our clothing is rejected] or related categories of things [other lust patterns], so that she [the
Church] should instead be holy [ultimate sanctification] and blameless [absence of the old sin nature and human good].

Eph. 5:28 In the same manner, husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself,

Eph. 5:29 For no one ever hated his own flesh, but continually nourishes and provides care [sense of responsibility] for her, just as Christ also the Church,

Eph. 5:30 Because we are members of His body [Church Age believers as the body of Christ].

Eph. 5:31 For this reason, a man will leave father and mother and he will have repeated face-to-face sexual intercourse [adhesion] with his own wife, and they two [husband & wife] will keep on becoming one flesh.

Eph. 5:32 This mystery [intimate relations between husband and wife] is profound, but I am speaking with reference to Christ and the Church [Christology and Ecclesiology as parallels to the marriage relationship].

Eph. 5:33 Nevertheless, in any case, each one of you [husbands] individually, love his own wife as himself, and the wife: respect her husband.

Eph. 6:1 Children, make it a practice to obey your parents [authority orientation] because of the Lord, for this is a reasonable and just expectation.

Eph. 6:2 Respect your father and mother, which is the first commandment with a promise,

Eph. 6:3 So that it may become prosperous for you [mentally and spiritually] and so that you might have a long life on earth.

Eph. 6:4 And fathers [highest authority in the family], stop provoking your children to anger [physical or mental child abuse], but bring them up with discipline [basic child training] and instruction [correction and reproof] according to the Lord.

Eph. 6:5 Slaves, obey your masters according to the flesh [those with legitimate authority] with respect and maximum effort [motivated by Christ] by means of integrity from the mentality of your soul as to Christ,

Eph. 6:6 Not on the basis of eye service [attracting attention to oneself] as men-pleasers [trying to get promoted by flattery and brown-nosing], but as slaves of Christ continually executing the will of God from the soul,

Eph. 6:7 Making it a practice to serve with enthusiasm, as to the Lord and not to man [not concerned with human approbation],

Eph. 6:8 Because you understand that each person [Church Age believer], if he produces anything intrinsically good [fruit, not works], for this he himself shall be rewarded [distribution of blessings] from the Lord, whether he is a slave [labor] or a free person [management].
Eph. 6:9 And masters, keep on doing the same things to them [treat labor with respect]; stop threatening [those under your authority], knowing that both their Lord and yours is in heaven and there is no partiality [favoritism] associated with Him [Jesus Christ as the Judge in the Supreme Court of heaven].

Eph. 6:10 From now on, start becoming strong by means of the Lord [utilizing the divine power available to the Church Age believer instead of human efforts] and by the ruling power of His inherent omnipotence [almighty divine attribute].

Eph. 6:11 Start putting on the full armor from God [Bible doctrine in the soul] so that you yourself might be able to hold your ground [defensive action] against the strategies [demonic modus operandi] of the devil [gates or doors to the cosmic system],

Eph. 6:12 Because our warfare is not against blood [human soul] and flesh [material body], but against rulers [demon generals], against authorities [demon officer’s corp], against the world rulers [demon ambassadors] of this darkness [national blackout], against spirit forces of evil [rank & file demon troops] in heavenly places [all three locations].

Eph. 6:13 Because of this [spiritual battle], pick up and put on the full armor from God [all categories of Bible doctrine], so that you may be able to hold your ground [defensive action] in the evil day [during demonic assault], and after you have prepared everything, to stand your ground [having maximum doctrine in your soul, you are ready for action].

Eph. 6:14 Therefore, hold your ground after you have fastened truth around your waist [Bible doctrine in your soul], and after you have put on the breastplate of righteousness [spiritual integrity],

Eph. 6:15 And after you have fastened footwear on your feet as preparation [doctrine before Christian service] for the gospel [witnessing] of peace [reconciliation].

Eph. 6:16 With all of these [weapons], pick up and carry the shield of faith [application of Bible doctrine], by which you yourself will be empowered to extinguish all the flaming arrows [gates or doors to the cosmic system] of the evil one [Satan’s attempts to keep you out of fellowship],

Eph. 6:17 And grasp the helmet of deliverance [spiritual problem-solving devices], and the two-edged sword [offensive & defensive capabilities] of the Spirit, which is the Word of God [the completed canon of Scripture].

Eph. 6:18 During every prayer and entreaty, pray regularly by means of the Spirit, and with reference to this [prayer in the filling of the Spirit], in everything [nothing is too small or too large to be included in your prayers], be constantly on the alert with patience and an entreaty for all the saints [fellow believers].

Eph. 6:19 Also pray for me [his ministry], so that doctrinal teaching might be given to me when I open my mouth, while I am revealing with confidence the mystery pertaining to the gospel,
Eph. 6:20 On behalf of which [gospel], I am an ambassador in chains [to a Roman guard], in order that with reference to it [the gospel], I may speak fearlessly as it is necessary for me to speak [under his unusual circumstances].

Eph. 6:21 Now, in order that you may also come to know about me, how I am getting along [as a Roman prisoner], Tychicus, a beloved brother and faithful minister in the Lord [because of his daily studying and teaching], will make everything known to you,

Eph. 6:22 Whom I have sent face-to-face to you for this same purpose, so that you may come to know about us and so that he might encourage the mentality of your soul.

Eph. 6:23 Harmony among the brethren and virtue love with doctrine from God the Father and from the Lord Jesus Christ.

Eph. 6:24 Grace associated with all [winner believers] who love our Lord Jesus Christ with incorruptibility [those who have advanced to spiritual maturity].